

# NUTRITIONAL SCIENCES

## Integrated Undergrad-Grad Programs

### Integrated B.S. in Nutritional Sciences and M.P.S. in Nutritional Sciences

This Integrated Undergraduate/Graduate (IUG) degree program combines the B.S. in Nutritional Sciences with the M.P.S. in Nutritional Sciences offered at the following campuses:

#### Undergraduate Degree

- University Park

#### Graduate Degree

- World Campus

Requirements listed here are in addition to requirements listed in GCAC-210 Integrated Undergraduate-Graduate (IUG) Degree Programs (<https://gradschool.psu.edu/graduate-education-policies/gcac/gcac-200/gcac-210-integrated-undergraduate-graduate-degree-programs/>).

#### Admission Requirements

Applicants apply for admission to the program via the J. Jeffrey and Ann Marie Fox Graduate School application for admission (<https://gradschool.psu.edu/admissions/how-to-apply>). Requirements listed here are in addition to Graduate Council policies listed under GCAC-300 Admissions Policies (<https://gradschool.psu.edu/graduate-education-policies/>).

The following credentials will be considered for admission:

- IUG Plan of Study
- Resume
- Personal statement of interests and goals
- Three letters of recommendation (must include one letter from the student's undergraduate academic adviser that proves the academic adviser has worked with the student to develop a Plan of Study)
- Official transcripts from all colleges and universities attended
- Minimum GPA of 3.25

Students must apply to the program via the Fox Graduate School application for admission (<http://www.gradschool.psu.edu/prospective-students/how-to-apply/>), and must meet all the admission requirements of the Fox Graduate School and the Nutritional Sciences graduate program for the Master of Professional Studies degree, which are listed on the Admission Requirements tab. Before applying to the Fox Graduate School, students must have completed entrance to their undergraduate major and have completed no less than 60 credits. Students must be admitted no later than the end of the second week of the semester preceding the semester of expected conferral of the undergraduate degree. Transfer students must have completed at least 15 credits at Penn State to enroll in an IUG.

In consultation with an adviser, students must prepare a Plan of Study appropriate to this integrated program and must present their Plan of Study to the head of the graduate program or the appropriate committee overseeing the integrated program prior to being admitted to the program. The plan should cover the entire time period of the integrated

program, and it should be reviewed periodically with an adviser as the student advances through the program.

#### Degree Requirements

Students admitted to the Bachelor of Science (B.S.) in Nutritional Sciences/Master of Professional Studies (M.P.S.) are able to earn both the B.S. and M.P.S. in five calendar years of full-time academic study.

Students must fulfill all degree requirements for each degree in order to be awarded that degree, subject to the double-counting of credits as outlined below. Degree requirements for the Bachelor of Science in Nutritional Sciences are listed in the

Up to 15 credits may be double-counted towards the degree requirements for both the graduate and undergraduate degree. Specifically, a maximum of 12 credits can be double-counted for the MPS graduate degree only and a maximum of 15 credits can be double-counted for the Experiential Track of the MPS. A minimum of 50% of the double-counted credits must be at the 500 or 800 level. Independent study courses and credits associated with the culminating experience for the graduate degree cannot be double-counted.

| Code                                                     | Title                                                              | Credits |
|----------------------------------------------------------|--------------------------------------------------------------------|---------|
| <b>Courses Eligible to Double Count for Both Degrees</b> |                                                                    |         |
| NUTR 801                                                 | Leadership in the Nutrition Profession                             | 3       |
| NUTR 810                                                 | Nutritional Assessment and Diagnosis                               | 3       |
| NUTR 820                                                 | Advanced Clinical Nutrition                                        | 3       |
| NUTR 830                                                 | Advanced Nutrition and Health Program Planning                     | 3       |
| NUTR 840                                                 | Advanced Nutrition Counseling                                      | 3       |
| NUTR 850                                                 | Leadership Concepts and Application for the Nutrition Professional | 3       |

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#### Undergraduate Degree

- University Park

#### Graduate Degree

- University Park

Requirements listed here are in addition to requirements listed in GCAC-210 Integrated Undergraduate-Graduate (IUG) Degree Programs (<https://gradschool.psu.edu/graduate-education-policies/gcac/gcac-200/gcac-210-integrated-undergraduate-graduate-degree-programs/>).

#### Admission Requirements

Applicants apply for admission to the program via the J. Jeffrey and Ann Marie Fox Graduate School application for admission (<https://gradschool.psu.edu/admissions/how-to-apply>). Requirements listed here are in addition to Graduate Council policies listed under GCAC-300 Admissions Policies (<https://gradschool.psu.edu/graduate-education-policies/>).

The following credentials will be considered for admission:

- IUG Plan of Study
- Resume or CV
- Personal statement of interests and goals
- Three letters of recommendation (must include one letter from the student's undergraduate academic adviser that confirms the academic adviser has worked with the student to develop a Plan of Study)
- Official transcripts from all colleges and universities attended
- Minimum GPA of 3.25

cannot be double-counted. All students will be required to complete a thesis, including 6 credits of 600.

Students must apply to the program via the Fox Graduate School application for admission, and must meet all the admission requirements of the Fox Graduate School and the Nutritional Sciences graduate program for the Master of Science degree, which is listed in the Admission Requirements section. Before applying to the Fox Graduate School, students must have completed entrance to their undergraduate major and have completed no less than 60 credits. Students must be admitted no later than the end of the second week of the semester preceding the semester of expected conferral of the undergraduate degree. Transfer students must have completed at least 15 credits at Penn State to enroll in an IUG

In consultation with an adviser, students must prepare a Plan of Study appropriate to this integrated program and must present their Plan of Study to the head of the graduate program or the appropriate committee overseeing the integrated program prior to being admitted to the program. The plan should cover the entire time period of the integrated program, and it should be reviewed periodically with an adviser as the student advances through the program.

### **Degree Requirements**

Students admitted to the B.S. in Nutritional Sciences/M.S. are able to earn both the B.S. and M.S. in five calendar years of full-time academic study.

Students must fulfill all degree requirements for each degree in order to be awarded that degree, subject to the double-counting of credits as outlined below. Degree requirements for the Bachelor of Science in Nutritional Sciences are listed in the Undergraduate Bulletin. Degree requirements for the Master of Science in Nutritional Sciences degree are listed in the Graduate Bulletin (<https://bulletins.psu.edu/graduate/programs/majors/nutritional-sciences/#degreerequirementstext>). Students must sequence their courses so all undergraduate degree requirements are fulfilled before taking courses to count solely towards the graduate degree. Students are expected to complete the undergraduate degree requirements within the typical time to degree for the undergraduate major. In the semester in which the undergraduate degree requirements will be completed, IUG students must apply to graduate, and the undergraduate degree should be conferred at the next appropriate Commencement. If students accepted into the IUG program are unable to complete the M.S. degree, they are still eligible to receive their undergraduate degree if all the undergraduate degree requirements have been satisfied.

Up to 12 credits may be double-counted towards the degree requirements for both the graduate and undergraduate degrees; a minimum of 50% of the double-counted courses must be at the 500 or 800 level. Any 500- or 800- level course from the Department of Nutritional Sciences is eligible to double count for both degrees. Up to twelve of these credits will be applied to the category of Supporting or Elective courses in the undergraduate degree curriculum. Independent study courses and credits associated with the culminating experience for the graduate degree