

OCCUPATIONAL THERAPY, A.S. (BERKS)

Seven Penn State campuses are scheduled for closure after Spring 2027: DuBois, Fayette, New Kensington, Mont Alto, Shenango, Wilkes-Barre, and York. New students are not being admitted at these campuses.

Begin Campus: Berks

End Campus: Berks

Career Paths

Certified Occupational Therapy Assistants (COTA's) work in numerous practice settings. Across the lifespan, individuals engage in meaningful occupations. Learning, playing, working, resting, and caring for self and others are among the occupations of life. A physical or psychological challenge may hinder an individual, group, and/or community from participating fully in meaningful occupations. Occupational therapy makes it possible for people to maintain or reclaim independence. Following graduation from the nationally accredited program, students are eligible to take the National Board for Certification in Occupational Therapy (NBCOT) exam.

Careers

A Certified Occupational Therapy Assistant (COTA) supports individuals of all ages develop, recover, improve, or maintain the skills necessary for daily living, leisure, play, and work. COTA's work in public and private schools, early intervention programs, general, psychiatric, and pediatric hospitals, day treatment centers, hospices and home health agencies, rehabilitation hospitals and centers, skilled and intermediate care facilities, community living programs, community wellness centers, and/or hand therapy clinics.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES OF THE OCCUPATIONAL THERAPY PROGRAM (<https://www.bls.gov/ooh/healthcare/occupational-therapy-assistants-and-aides.htm>)

Opportunities for Graduate Studies

Once a Certified Occupational Therapy Assistant (COTA) has completed the associate in science in occupational therapy degree, they may decide to further studies by obtaining a baccalaureate degree. Common degrees include biology, psychology, occupational science, biobehavioral health, integrated social sciences, and other health related degrees.

Many COTA's decide to complete a baccalaureate degree secondary to the benefits of advancing their education as applied to occupational therapy and/or as part of positive progression of employment. Additionally, some COTA's complete a baccalaureate degree to prepare for graduate studies at the master's or doctoral degree entry-level to become occupational therapists.

MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES (<https://www.aota.org/education/find-a-school>)

Professional Resources

- American Occupational Therapy Association, Inc. (AOTA) (<https://www.aota.org>)
- Accreditation Council for Occupational Therapy Education (ACOTE) (<https://acoteonline.org>)

- National Board for the Certification of Occupational Therapy, Inc. (NBCOT) (<https://www.nbcot.org>)