

HEALTH AND HUMAN DEVELOPMENT

Departments and Schools

Department of Biobehavioral Health

Biobehavioral Health is an innovative department that explores health in an integrated way by considering how behavioral, biological, social, cultural and environmental factors may influence health. Biobehavioral Health students develop a strong foundation for future work or study in a range of fields, such as public health, health care, epidemiology, psychology, genetics, neuroscience, health promotion, biomedical research, and medicine.

MORE INFORMATION ABOUT THE DEPARTMENT OF BIOBEHAVIORAL HEALTH (<https://hhd.psu.edu/bbh>)

Department of Communication Sciences and Disorders

Communication Sciences and Disorders is a leader in preparing professionals who address prevention and rehabilitation of speech, language and hearing problems. The major incorporates linguistics, acoustics, psychology, anatomy, and neurobiology. Students typically pursue graduate study and professional certification and licensure and hold positions in hospitals, clinics, schools, research centers, and other settings.

MORE INFORMATION ABOUT THE DEPARTMENT OF COMMUNICATION SCIENCES AND DISORDERS (<https://hhd.psu.edu/csd>)

Department of Health Policy and Administration

The nationally recognized program in Health Policy and Administration (HPA) prepares students to understand the problems of health care access, cost, and quality. HPA prepares students to work in health care management, policy analysis, or to pursue graduate study in business, law, medicine, health administration, health services research, or public health.

MORE INFORMATION ABOUT THE DEPARTMENT OF HEALTH POLICY AND ADMINISTRATION (<https://hhd.psu.edu/hpa>)

School of Hospitality Management

The School of Hospitality Management (SHM) prepares graduates to make a significant impact in the global hospitality industry by combining emotional intelligence with analytical prowess to develop their management and problem-solving skills. Our graduates learn in state-of-the-art facilities and research labs, working with novel technologies. They also gain valuable experience through domestic and international travel, solving real-world problems and engaging with people from diverse backgrounds. Learning and engagement at SHM reflect today's dynamic hospitality industry. Students gain academic and professional experiences that prepare them for a wide range of global career opportunities. The curricular and co-curricular programming in SHM empowers their success in any complex, people-centric enterprise. Penn State's Hospitality Management program is among the first in the nation and is one of the most prestigious of its kind in the world.

MORE INFORMATION ABOUT THE SCHOOL OF HOSPITALITY MANAGEMENT (<https://hhd.psu.edu/shm>)

Department of Human Development and Family Studies

Penn State's Human Development and Family Studies (HDFS) programs train scholars, professionals, and leaders to promote positive change. At the undergraduate level, graduates are prepared for careers across a wide range of human service, health care, and helping professions. HDFS prepares students with knowledge and skills for helping by focusing on (1) the psychological, biological, social, cultural, and economic influences that impact the well-being of individuals, families, and communities, (2) evidence-based prevention and intervention strategies, and (3) applied skills for impact. The Human Development and Family Science option prepares students to pursue a wide range of positions in non-profit organizations, businesses, government agencies, and advocacy and human service organizations. Graduates from this option also pursue graduate study or training in social work, counseling, clinical psychology, applied behavior analysis, public policy, program administration and management, law, child life, or research. The Developmental Science for Health Professions option prepares students for graduate or post-baccalaureate study in medicine, psychiatry, occupational therapy, accelerated nursing and physician assistant and other health-related fields. The HDFS Department also administers a Master of Social Work program offered through World Campus.

MORE INFORMATION ABOUT THE DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES (<https://hhd.psu.edu/hdfs>)

Department of Kinesiology

Kinesiology offers an interdisciplinary program focused on human movement related to health, wellness, and performance. Students apply skills and knowledge in biomechanics, exercise physiology, motor-control, psychology, philosophy/history, and athletic training to real-life problems, preparing them for graduate study in allied health/medical professions and careers in fitness, wellness, teaching, and coaching.

MORE INFORMATION ABOUT THE DEPARTMENT OF KINESIOLOGY (<https://hhd.psu.edu/kines>)

Department of Nutritional Sciences

Nutritional science is a dynamic discipline that applies biology, psychology, and biochemistry concepts through understanding how the body utilizes and responds to nutrients and related substances to optimize health throughout the life span. Students gain an understanding of the interplay of nutrition and lifestyle, food and food systems, food security and access to food, and how these areas relate to current public health issues, as well as to the development and dietary management of diseases. Students in Nutritional Sciences are prepared for careers in a variety of health/medical professions, behavioral nutrition, public health nutrition, industry, food systems management, and dietetics-related careers. Students may select from two options: Health Sciences and Nutrition and Dietetics. The Nutrition and Dietetics Option is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

MORE INFORMATION ABOUT THE DEPARTMENT OF NUTRITIONAL SCIENCES (<https://hhd.psu.edu/nutrition>)

Department of Recreation, Park, and Tourism Management

Our goal is to educate and inspire students to facilitate recreation, park and tourism activities to transform health and human well-being for individuals and for communities. We integrate topics such as environmental sustainability, human development, health and well-being, social innovation and entrepreneurship, community and

economic development, and leadership with an eye toward diversity and inclusion. RPTM students are prepared for graduate study as well as careers in natural resource and park management, sports, tourism (including ecotourism), event planning, resorts, live entertainment events, environmental education and interpretation, community recreation and non-profit management, professional golf management and related fields.

MORE INFORMATION ABOUT THE DEPARTMENT OF RECREATION, PARK, AND TOURISM MANAGEMENT (<https://hhd.psu.edu/rptm>)