

HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S. (HEALTH AND HUMAN DEVELOPMENT)

Seven Penn State campuses are scheduled for closure after Spring 2027: DuBois, Fayette, New Kensington, Mont Alto, Shenango, Wilkes-Barre, and York. New students are not being admitted at these campuses.

Begin Campus: Any Penn State Campus

End Campus: University Park, World Campus

Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2026-27 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition.

Developmental Science for Health Professions Option: Human Development and Family Studies, B.S. at University Park Campus, Commonwealth Campuses, World Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
HDFS 129, 129S, or 101N*	3 HDFS 229, 239, or 249N*	3
General Education Course (GWS) (ENGL 15, ENGL 30H, ESL 15, ENGL/CAS 137H recommended) [‡]	3 General Education Course (GWS) (CAS 100A, 100B, 100C, ENGL/CAS 138T recommended) [‡]	3
General Education Course (GS)	3 General Education Course (GH)	3
General Education Course (GN)	3 General Education Course (Exploration)	3
General Education Course (Integrative Studies: Inter-Domain)	3 General Education Course (Exploration)	3
First-Year Seminar	1-2	
16-17		15

Second Year

Fall	Credits Spring	Credits
HDFS 229, 239, or 249N*	3 HDFS 301*	3
HDFS 216*	3 HDFS 311*	3
HDFS 200, EDPSY 101, or STAT 200 (General Education Course, GQ) ^{*††}	3-4 HDFS 315, 315Y, or SOC 30*	3

Science and Health Foundations ^{*1}	3 Science and Health Foundations ^{*1}	3
General Education Course (Exploration)	3 Elective	3
15-16		15
Third Year		
Fall	Credits Spring	Credits
HDFS 312W*	3 BBH 407 or SOC 451*	3
Diversity and Development ^{*1}	3 HDFS Course in Advanced Development ^{*1}	3
Science and Health Foundations ^{*1}	3 Science and Health Foundations ^{*1}	3
General Education Course (GQ) [‡]	2-3 General Education Course (GWS) [‡]	3
General Education Course (GA)	3 Elective	3
Elective	3	
17-18		15
Fourth Year		
Fall	Credits Spring	Credits
HDFS Capstone*	3 HDFS Capstone*	12
HDFS Course in Advanced Development ^{*1}	3	
General Education Course (GHW)	3	
General Education Course (Integrative Studies: Inter-Domain)	3	
Elective	3	
15		12

Total Credits 120-123

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

¹ Choose courses in these areas from department-approved list of University-wide offerings. Students are encouraged to review the Diversity and Development (<https://hhd.psu.edu/hdfs/undergraduate/major-human-development-and-family-studies/courses-and-curriculum/diversity-and>) and Science and Health Foundations (<https://hhd.psu.edu/hdfs/undergraduate/major-human-development-and-family-studies/courses-and-curriculum/science-and-health>) Course Options for appropriate courses to fulfill these specific course requirements.

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

All incoming Schreyer Honors College first-year students at University Park will take ENGL 137H/CAS 137H in the fall semester and ENGL 138T/CAS 138T in the spring semester. These courses carry the GWS designation and satisfy a portion of that General Education requirement. If the student's program prescribes GWS these courses will replace both ENGL 15/ENGL 30H and CAS 100A/CAS 100B/CAS 100C. Each course is 3 credits.

Advising Notes:

- **Limitations on Source and Time for Credit Acquisition:** Per Senate policy 83-80.5, the college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Most majors in Health and Human Development require students to complete up to 24 credits for the major through courses taken at University Park. Courses taken at other Penn State campuses may not be counted toward this 24 credit minimum.

Human Development and Family Science Option: Human Development and Family Studies, B.S. at University Park Campus, Commonwealth Campuses, World Campus

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First Year

Fall	Credits Spring	Credits
HDFS 129, 129S, or 101N [*]	3 HDFS 229, 239, or 249N [*]	3
General Education Course (GWS) (ENGL 15, ENGL 30H, ESL 15, ENGL/CAS 137H recommended) [‡]	3 General Education Course (GWS) (CAS 100A, 100B, 100C, ENGL/CAS 138T recommended) [‡]	3
General Education Course (GS)	3 General Education Course (GH)	3
General Education Course (GN)	3 General Education Course (Exploration)	3
General Education Course (Integrative Studies: Inter-Domain)	3 General Education Course (Exploration)	3
First-Year Seminar	1-2	
16-17		15

Second Year

Fall	Credits Spring	Credits
HDFS 229, 239, or 249N [*]	3 HDFS 301 [*]	3
HDFS 216 [*]	3 HDFS 311 [*]	3
HDFS 200, EDPSY 101, or STAT 200 (General Education Course, GQ) ^{**†}	3-4 HDFS 315, 315Y, or SOC 30 [*]	3
General Education Course (Exploration)	3 General Education Course (Integrative Studies: Inter-Domain)	3
Elective	3 Elective	3
15-16		15

Third Year

Fall	Credits Spring	Credits
HDFS 312W [*]	3 HDFS Course in Professional Skills for HDFS Careers ^{*1}	3
Diversity and Development ^{*1}	3 HDFS Course in Advanced Development ^{*1}	3
General Education Course (GQ) [‡]	2-3 Advanced Family Topics ^{*1}	3
General Education Course (GA)	3 General Education Course (GWS) [‡]	3
Elective	3 Elective	3
14-15		15

Fourth Year

Fall	Credits Spring	Credits
HDFS Capstone [*]	3 HDFS Capstone [*]	12
Diversity and Development ^{*1}	3	

HDFS Course in Professional Skills for HDFS Careers ^{*1}	3	
General Education Course (GHW)	3	
Elective	3	
Elective	3	
	18	12

Total Credits 120-123

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