

OCCUPATIONAL THERAPY, A.S. (UNIVERSITY COLLEGE)

Seven Penn State campuses are scheduled for closure after Spring 2027: DuBois, Fayette, New Kensington, Mont Alto, Shenango, Wilkes-Barre, and York. New students are not being admitted at these campuses.

Begin Campus: DuBois, Mont Alto, Shenango

End Campus: DuBois, Mont Alto, Shenango

Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2026-27 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition.

Occupational Therapy, A.S. at DuBois Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
OT 100*	1 OT 103* ²	3
OT 101*	2 HDFS 129 or PSYCH 212 [†]	3
BIOL 161* [†]	3 BIOL 163* [†]	3
BIOL 162* [†]	1 BIOL 164* [†]	1
ENGL 15 [†]	3 General Education Course (GA)	3
PSYCH 100 ^{†1}	3	
	13	13

Second Year

Fall	Credits Spring	Credits Summer	Credits
OT 205*	3 OT 210W*	3 OT 395A* ⁴	6
OT 207*	3 OT 212*	4 OT 395B* ⁴	6
OT 209*	3 OT 214*	4	
OT 195E* ³	1 OT 216*	4	
General Education Course (GH)	3 OT 295E*	2	
General Education Course (GQ) [‡]	3		
	16	17	12

Total Credits 71

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

¹ PSYCH 100 is a prerequisite for PSYCH 212.

² OT 103 meets the intercultural requirement and is designated US.

³ OT 195E may be taken in semester 2 or 3, depending on availability of fieldwork sites.

⁴ FW Level II is two 8-week full-time placements.

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS) requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Advising Notes:

As per ACOTE Standard A.4.6 (2018) Notice to Applicants related to Criteria for Successful progression, retention, graduation, certification, and credentialing requirements of the Associate in Science in Occupational Therapy Degree.

Successful completion of each segment of the OTA Program requires the following:

- Student must earn a C or better in the OTA major coursework:
 - Each OT Course, BIOL 161, BIOL 162, BIOL 163, BIOL 164, HDFS 129 or PSYCH 212, PSYCH 100
- As per Penn State policy, student must earn C or better in Foundation Courses: ENGL 15(GWS) & MATH (GQ).
- OT course must be taken in the semester designated on this Suggested Academic Plan for OTA.
- Student must pass BIOL 161, BIOL 162, BIOL 163 & BIOL 164 prior to entering 3rd semester.
- Student must pass ENGL 15, PSYCH 100, and HDFS 129 or PSYCH 212 prior to entering the 3rd semester.
- When a student fails an OT course, they may not progress to next semester. Student will need to meet with adviser to discuss options of progression in the program.
- Student must maintain 2.0 GPA, to engage in OT 195E or OT 295E: Level I Fieldwork Experience.
- GQ, GH & GA can be moved around with the curriculum; however, must be completed by end of 3rd semester.
- All didactic degree requirements must be completed with a 2.0 GPA or better prior to enrolling in OT 395A/OT 395B.
- OT 195E, OT 295E, OT 395A, and OT 395B date & site of experience will be scheduled by the Academic Fieldwork Coordinator.

To graduate with an Associate in Science in Occupational Therapy degree:

- Student must maintain a 2.0 GPA per Academic Progress Policy 54-00, "To graduate, a degree candidate must complete the requirements for the candidate's major and earn at least a C (2.00)

average for all courses taken at this University as stated in 82-40, subject to the conditions of 51-00."

- Student must complete OT 395A & OT 395B within 18 months of completing the didactic requirements.
- A felony conviction on your record, may affect your ability to sit for the certification examination administered by NBCOT® after you graduate; this can subsequently affect your ability to attain state licensure. Before applying for the OTA program, you can contact NBCOT® for information on their early determination program to assess examination eligibility. Go to NBCOT and read the "Early Review" section for details (<https://www.nbcot.org/exam/edr>).

Occupational Therapy, A.S. at Mont Alto Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
OT 100*	1 OT 103* ²	3
OT 101*	2 HDFS 129 or PSYCH 212 [†]	3
BIOL 161* [†]	3 BIOL 163* [†]	3
BIOL 162* [†]	1 BIOL 164* [†]	1
ENGL 15 [‡]	3 General Education Course (GA)	3
PSYCH 100* ^{†1}	3	
	13	13

Second Year

Fall	Credits Spring	Credits Summer	Credits
OT 205*	3 OT 210W*	3 OT 395A* ⁴	6
OT 207*	3 OT 212*	4 OT 395B* ⁴	6
OT 209*	3 OT 214*	4	
OT 195E* ³	1 OT 216*	4	
General Education Course (GH)	3 OT 295E*	2	
General Education Course (GQ) [‡]	3		
	16	17	12

Total Credits 71

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

¹ PSYCH 100 is a prerequisite for PSYCH 212.

² OT 103 meets the intercultural requirement and is designated US.

³ OT 195E may be taken in semester 2 or 3, depending on availability of fieldwork sites.

⁴ FW Level II is two 8-week full-time placements.

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS) requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Advising Notes:

As per ACOTE Standard A.4.6 (2018) Notice to Applicants related to Criteria for Successful progression, retention, graduation, certification, and credentialing requirements of the Associate in Science in Occupational Therapy Degree.

Successful completion of each segment of the OTA Program requires the following:

- Student must earn a C or better in the OTA major coursework:
 - Each OT Course, BIOL 161, BIOL 162, BIOL 163, BIOL 164, HDFS 129 or PSYCH 212, PSYCH 100
- As per Penn State policy, student must earn C or better in Foundation Courses: ENGL 15(GWS) & MATH (GQ).
- OT course must be taken in the semester designated on this Suggested Academic Plan for OTA.
- Student must pass BIOL 161, BIOL 162, BIOL 163 & BIOL 164 prior to entering 3rd semester.
- Student must pass ENGL 15, PSYCH 100, and HDFS 129 or PSYCH 212 prior to entering the 3rd semester.
- When a student fails an OT course, they may not progress to next semester. Student will need to meet with adviser to discuss options of progression in the program.
- Student must maintain 2.0 GPA, to engage in OT 195E or OT 295E: Level I Fieldwork Experience.
- GQ, GH & GA can be moved around with the curriculum; however, must be completed by end of 3rd semester.
- All didactic degree requirements must be completed with a 2.0 GPA or better prior to enrolling in OT 395A/OT 395B.
- OT 195E, OT 295E, OT 395A, and OT 395B date & site of experience will be scheduled by the Academic Fieldwork Coordinator.

To graduate with an Associate in Science in Occupational Therapy degree:

- Student must maintain a 2.0 GPA per Academic Progress Policy 54-00, "To graduate, a degree candidate must complete the requirements for the candidate's major and earn at least a C (2.00) average for all courses taken at this University as stated in 82-40, subject to the conditions of 51-00."
- Student must complete OT 395A & OT 395B within 18 months of completing the didactic requirements.
- A felony conviction on your record, may affect your ability to sit for the certification examination administered by NBCOT® after you graduate; this can subsequently affect your ability to attain state licensure. Before applying for the OTA program, you can contact NBCOT® for information on their early determination program to assess examination eligibility. Go to NBCOT and read the "Early Review" section for details (<https://www.nbcot.org/exam/edr>).

Occupational Therapy, A.S. at Shenango Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
OT 100 [*]	1 OT 103 ^{*2}	3
OT 101 [*]	2 HDFS 129 or PSYCH 212 [†]	3
BIOL 161 ^{*†}	3 BIOL 163 ^{*†}	3
BIOL 162 ^{*†}	1 BIOL 164 ^{*†}	1
ENGL 15 [‡]	3 General Education Course (GA)	3
PSYCH 100 ^{†1}	3	
	13	13

Second Year

Fall	Credits Spring	Credits
OT 205 [*]	3 OT 210W [*]	3
OT 207 [*]	3 OT 212 [*]	4
OT 209 [*]	3 OT 214 [*]	4
OT 195E ^{*3}	1 OT 216 [*]	4
General Education Course (GH)	3 OT 295E [*]	2
General Education Course (GQ) [‡]	3	
	16	17

Third Year

Fall	Credits
OT 395A ^{*4}	6
OT 395B ^{*4}	6
	12

Total Credits 71

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS) requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Advising Notes:

As per ACOTE Standard A.4.6 (2018) Notice to Applicants related to Criteria for Successful progression, retention, graduation, certification, and credentialing requirements of the Associate in Science in Occupational Therapy Degree.

Successful completion of each segment of the OTA Program requires the following:

- Student must earn a C or better in the OTA major coursework:
 - Each OT Course, BIOL 161, BIOL 162, BIOL 163, BIOL 164, HDFS 129 or PSYCH 212, PSYCH 100
- As per Penn State policy, student must earn C or better in Foundation Courses: ENGL 15(GWS) & MATH (GQ).
- OT course must be taken in the semester designated on this Suggested Academic Plan for OTA.
- Student must pass BIOL 161, BIOL 162, BIOL 163 & BIOL 164 prior to entering 3rd semester.
- Student must pass ENGL 15, PSYCH 100, and HDFS 129 or PSYCH 212 prior to entering the 3rd semester.
- When a student fails an OT course, they may not progress to next semester. Student will need to meet with adviser to discuss options of progression in the program.
- Student must maintain 2.0 GPA, to engage in OT 195E or OT 295E: Level I Fieldwork Experience.
- GQ, GH & GA can be moved around with the curriculum; however, must be completed by end of 3rd semester.
- All didactic degree requirements must be completed with a 2.0 GPA or better prior to enrolling in OT 395A/OT 395B.
- OT 195E, OT 295E, OT 395A, and OT 395B date & site of experience will be scheduled by the Academic Fieldwork Coordinator.

To graduate with an Associate in Science in Occupational Therapy degree:

- Student must maintain a 2.0 GPA per Academic Progress Policy 54-00, "To graduate, a degree candidate must complete the requirements for the candidate's major and earn at least a C (2.00) average for all courses taken at this University as stated in 82-40, subject to the conditions of 51-00."
- Student must complete OT 395A & OT 395B within 18 months of completing the didactic requirements.
- A felony conviction on your record, may affect your ability to sit for the certification examination administered by NBCOT® after you graduate; this can subsequently affect your ability to attain state licensure. Before applying for the OTA program, you can contact NBCOT® for information on their early determination program to assess examination eligibility. Go to NBCOT and read the "Early Review" section for details (<https://www.nbcot.org/exam/edr>).